



Welcome to Associates in Psychotherapy! We are glad you're here!

Integrating therapy appointments into your child's already busy schedule can feel overwhelming. As your mental health providers, we have the following recommendations for making therapy as effective and stress-free as possible for you and your child:

Schedule appointments regularly and according to your provider's recommendations. Generally speaking, it is recommended that children attend weekly appointments at the start of treatment, and then come in less frequently as treatment goals are met. Weekly sessions at the beginning of a therapeutic relationship also help children build rapport with his or her therapist, which is a key element to successful therapy.

Balance School and Home Life by scheduling varying appointment times. Extracurricular activities, family time, and school attendance are all very important for your child's overall well-being. Unfortunately, it isn't always possible to schedule after-school appointments. If your child must miss school to attend therapy, consider scheduling sessions over lunch, study hall, or non-academic classes. Vary your appointment times so that your child does not miss the same class or activity each week. Also, don't forget to utilize teacher work days and other non-school days for daytime sessions!

Evening sessions aren't always better for your child. Kids are often exhausted after school, which can impede their ability to get the most out of treatment.

Regular attendance is key. Coping skills and symptom management strategies are only as effective as they are practiced and reinforced regularly. Large gaps between sessions with your child's therapist can impede progress. Please avoid significant time lapses between sessions. Attending as recommended by your child's therapist will support your child in achieving his or her therapy goals more quickly.

We thank you for your trust, and the privilege of working with you and your family to support your child's overall well-being!



Thank you for calling Associates in Psychotherapy, LLC for an appointment. Please read and complete the information in this envelope and bring it with you, along with your insurance card, to your first appointment. If you have questions about anything, our office staff or your therapist will help you find the answers and explain our procedures. Please arrive 10 minutes early the first time to provide our office staff with your insurance information.

A parent must sign all forms for children 18 and younger. If the child is 14 or older, they must sign also. A parent **must** attend the initial counseling session if the child is under 18.

We look forward to meeting with you.

ASSOCIATES IN PSYCHOTHERAPY, LLC

4700 Dresser Drive, Ste. 100, Janesville, WI 53546 * 608-752-7255 * Fax 608-752-6942

www.AssociatesInPsychotherapy.com

CHILD and ADOLESCENT INTAKE

Date _____ Therapist _____ Referred by _____

Client's Name _____ Date of Birth _____

Age _____ Sex _____ Race _____ Level of Education _____

Address _____ Cell Phone Number _____

Home Phone Number _____

Mom (Name): _____ Cell _____ Home _____ Work _____

Dad (Name): _____ Cell _____ Home _____ Work _____

Stepmom (Name): _____ Cell _____ Home _____ Work _____

Stepdad (Name): _____ Cell _____ Home _____ Work _____

What number can we leave a message on? Cell _____ Home _____ Work _____

FAMILY MEMBERS

Name	Date of Birth	Education	Occupation	Marital Status	If Deceased Date	Cause of Death
Mother _____						
Father _____						
Step-Mother _____						
Step-Father _____						
Foster-Mother _____						
Foster-Father _____						

List Brothers and Sisters of the Child

Name	Sex	Date of Birth	Natural/Step/Half	Living at Home
_____				Yes or No
_____				Yes or No
_____				Yes or No
_____				Yes or No
_____				Yes or No
_____				Yes or No

List Other People Living in the Same Household as the Child

Name	Sex	Age	Relationship to Child

List Other Relatives or Friends Who Care for the Child

Name	Sex	Age	Relationship to Child

Where was your child born and raised? _____

FAMILY MEDICAL HISTORY

Please check all areas which apply to your family's medical history and indicate the relationship of that person who it pertains to.

MEDICAL PROBLEMS	SELF/FAMILY MEMBER	MEDICAL PROBLEMS	SELF/FAMILY MEMBER
() Alcoholism	_____	() Hepatitis	_____
() Aneurysm	_____	() High Blood Pressure	_____
() Anxiety	_____	() Hypoglycemia	_____
() Attention Deficit Disorder	_____	() Hysterectomy	_____
() Attention Deficit /Hyperactivity	_____	() Kidney Disease	_____
() Autism Syndrome	_____	() Lung Problems	_____
() Back Problems	_____	() Menopause	_____
() Bipolar Disorder	_____	() Miscarriage	_____
() Blindness	_____	() Obesity	_____
() Cancer	_____	Obsessive	_____
() Colitis	_____	() Compulsive Disorder	_____
() Crohn's Disease	_____	() P.M.S.	_____
() Deafness	_____	() Panic Attacks	_____
() Depression	_____	Posttraumatic Stress	_____
() Diabetes	_____	() Disorder	_____
() Drug Abuse	_____	() Schizophrenia	_____
() Ear Infections	_____	() Seizures	_____
() Eating Disorders	_____	() Sinus Infections	_____
() Emphysema	_____	() Sleep Disorders	_____
() Head Injury	_____	() Stroke	_____
() Headaches/Migraines	_____	() Thyroid Problems	_____
() Heart Disease	_____	() Tourette Syndrome	_____
() Heart Pain (Angina)	_____	() Tuberculosis	_____
() Heart Attack	_____	() Ulcers	_____
() Other	_____	() Other	_____

Past Psychiatric/Psychotherapy Treatment:

Has your child been in therapy before? () Yes () No
 Where? _____ When? _____ Reason for previous treatment: _____
 Therapist (if known): _____

Medications taken: _____

Response to treatment: _____

Any hospitalizations for psychiatric purposes? _____ If so, where? _____

What family members have been treated for psychiatric purposes? _____

History of suicide in your family? _____ If so, who? _____

MEDICAL INFORMATION and HISTORY

Doctor(s) _____	Clinic _____	Last Physical _____
Doctor(s) _____	Clinic _____	Last Physical _____
Doctor(s) _____	Clinic _____	Last Physical _____

Illnesses _____

Surgeries _____

Medication Allergies _____

Medications _____

Current Living Situation

With Parents _____ With Sibling(s) _____ With Friend _____ With Relatives _____ Other _____

Quality of Family Relationship Good _____ Fair _____ Poor _____

Have you served in the military? Yes _____ No _____ Which branch? _____

Has a close friend or member of your child's family died in the past two years?

Yes _____ No _____ If yes, who? _____

Other significant losses during the past two years?

Relationship _____ Pet _____ Job _____ Home _____ Other _____

Is school satisfying for your child? Yes _____ No _____ If not, explain why: _____

School: _____ **Grade** _____

Does your child have an IEP? Yes _____ No _____

If yes, do you know the category? _____ EBD _____ SLC _____ CD _____ Autism _____ Speech & Language
Health Impaired _____ Other: _____

Does your child have a 504 in place? Yes _____ No _____ If yes, what for? _____

Is schooling an issue? Yes _____ No _____

If yes, do you want the school to be involved in therapy? Yes _____ No _____

Teacher: _____ Phone: _____

Counselor: _____ Phone: _____

Organizations, Hobbies, Skills, Interests:

Current use of alcohol

None _____ Occasional _____ Daily _____ Heavy _____ Binge drinking _____ Marked by occasional attempts at abstinence _____

Current use of drugs

None _____ Occasional _____ Regular _____ Heavy _____ Illegal _____ Prescription _____

Have you or anyone else ever had concerns about your child's alcohol, medication or drug use?

Yes _____ No _____ If yes, please explain _____

Has your child ever been treated for alcohol or other drug abuse?

Yes _____ No _____ If so, when? _____

Have you or anyone else ever had concerns about your child's weight and eating habits?

Yes _____ No _____ If yes, please explain _____

Current Cigarette Smoking

Never _____ Quit _____ >1 pack per day _____ 1 pack per day _____ < 1 pack per day _____

Does your child have any problems with:

Bedwetting _____ Fears _____ Friends _____ Learning to talk _____ Learning to walk _____ Nail biting _____ School _____

Nightmares, recurrent dreams _____ Unusual illnesses _____ Toilet training _____ Sleep disturbance _____ None _____

Other _____

Has your child ever been sexually abused? Yes _____ No _____ If yes, please explain _____

Has your child ever been physically abused? Yes _____ No _____ If yes, please explain _____

Has your child ever been emotionally abused? Yes _____ No _____ If yes, please explain _____

Sexual Preference Heterosexual _____ Bisexual _____ Homosexual _____ Unknown _____

Current Legal Problems

Child Custody _____ Divorce _____ Criminal Charges _____ None _____ Parole/Probation _____ Civil Suit _____

History of Legal Problems

Arrest _____ Driver's License Revoked _____ Juvenile Record _____ Prison Record _____ Other: _____ None _____

History of Violent Acts

Assault _____ Suicide Attempt _____ Murder _____ None _____

Current Violent Thoughts

Injury to Others _____ Self-injury _____ Other: _____ None _____

What are the problems and symptoms for which you are seeking help for your child?

- | | | |
|---|---|--|
| <input type="checkbox"/> Developmental Delays | <input type="checkbox"/> Obsessive/Compulsive | <input type="checkbox"/> Cruelty to Animals |
| <input type="checkbox"/> Autism | <input type="checkbox"/> Oppositional | <input type="checkbox"/> Alcohol Use |
| <input type="checkbox"/> Parent/Child Conflicts | <input type="checkbox"/> Tantrums | <input type="checkbox"/> Drug Use |
| <input type="checkbox"/> Parent's Divorce | <input type="checkbox"/> Bedwetting | <input type="checkbox"/> Sexual Behavior |
| <input type="checkbox"/> Family Problems | <input type="checkbox"/> Impulse Control | <input type="checkbox"/> Sexual Orientation |
| <input type="checkbox"/> Friends | <input type="checkbox"/> Stealing | <input type="checkbox"/> Academic Grades |
| <input type="checkbox"/> Grieving | <input type="checkbox"/> Running Away | <input type="checkbox"/> Attention/Concentration |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Fire Setting | <input type="checkbox"/> Learning/Memory |
| <input type="checkbox"/> Anxiety/Worry | <input type="checkbox"/> Criminal Charges | <input type="checkbox"/> School Behavior |
| <input type="checkbox"/> Panic Attacks | <input type="checkbox"/> Eating | <input type="checkbox"/> School Refusal |
| <input type="checkbox"/> Anger | <input type="checkbox"/> Sleeping | <input type="checkbox"/> Truancy |
| <input type="checkbox"/> Mood Swings | <input type="checkbox"/> Self-Harm | <input type="checkbox"/> Physical Health |
| <input type="checkbox"/> Social Isolation | <input type="checkbox"/> Suicidal Thoughts | <input type="checkbox"/> Abuse _____ |
| <input type="checkbox"/> Social Anxiety | <input type="checkbox"/> Homicidal Thoughts | <input type="checkbox"/> Other Trauma _____ |
| <input type="checkbox"/> Self-Esteem | <input type="checkbox"/> Disturbing Thoughts | |
| <input type="checkbox"/> Someone Wants Me to Get Help | | |

Who? _____

When did these problems begin? _____

Do these problems affect:

() Health () Personal Relationships () Work Performance () No Significant Effect

Child's Strengths:

- | | | |
|--|--|--|
| <input type="checkbox"/> Assertiveness | <input type="checkbox"/> Self-Esteem | <input type="checkbox"/> Functioning at Home, Work &/or School |
| <input type="checkbox"/> Problem Solving Skills | <input type="checkbox"/> Self-Care | <input type="checkbox"/> Intelligence |
| <input type="checkbox"/> Empathy | <input type="checkbox"/> Stress Management | <input type="checkbox"/> Judgment |
| <input type="checkbox"/> Spirituality | <input type="checkbox"/> Insight | <input type="checkbox"/> Mood Regulation |
| <input type="checkbox"/> Boundaries | <input type="checkbox"/> Motivation | <input type="checkbox"/> Attention & Concentration |
| <input type="checkbox"/> Behavior | <input type="checkbox"/> Self-Comforting | |
| <input type="checkbox"/> Interest, Hobbies & Organizations | <input type="checkbox"/> Support Network | |

What are the major stressors in your child's life at this time? _____

On a scale of 1 to 10, your child's current functioning is at _____

What impact are your child's problems having on child's daily functioning? _____

What is going well in your child's life? _____

What strategies or coping skills have you and your child used in the past? _____

Goals for therapy are? _____

How will you know when things are getting better for your child? _____

Parental Signature: _____

Date: _____

Reviewed by: _____

Date: _____

Therapist



INFORMED CONSENT FORM

Client: _____

I have been provided information regarding psychotherapy treatment and understand I have the right to additional information concerning the following:

- a. the benefits of proposed treatment;
- b. the way the treatment is to be administered;
- c. alternative treatment modes;
- d. the probable consequences of not receiving proper treatment;
- e. the time period for which the Informed Consent is effective;
- f. the right to withdraw the Informed Consent at any time in writing.
- g. I understand that if I receive medications from this clinic, I have the right to know the reasons for the prescription of that medication as well as its potential side effects. I also understand that it is my responsibility to ask questions if I do not understand the directions, purpose or side effects of that medication, and to report problems to my physician at this clinic.
- h. Before the clinic involuntarily discharges a consumer because of the consumer's inability to pay for services or for behavior that is reasonably a result of mental health symptoms, the clinic notifies the consumer in writing of the reasons for the discharge, the effective date of the discharge, sources for further treatment, and of the consumer's right to have the discharge reviewed, prior to the effective date of the discharge, by the Behavioral Health Certification Section, Division of Quality Assurance, whose address is P.O. Box 2969, Madison, WI 53701-2969, fax (608) 261-0655. In general we do not involuntarily discharge clients for the above reasons. See Consumers Rights and Grievance Procedures section.
- i. The clinic has a twenty-four hour answering service. Emergency calls are given to your therapist. If your therapist cannot be contacted in a reasonable period of time, the on-call therapist will handle the call. If it is a definite emergency, 911 will be called.

In addition, I have been informed orally of and been given access to a written copy of the Client's Treatment Rights and Grievance Procedure.

Can we leave a message on your home answering machine and/or cell phone?

Yes _____

No _____

Signature of Client

Date

Person Authorized by Client

Relationship to Client

Witness

ASSOCIATES IN PSYCHOTHERAPY, LLC

4700 Dresser Drive, Suite 100
Janesville, WI 53546

Business Policy and Patient Agreement

Welcome to Associates in Psychotherapy, LLC. We have designed this packet to help you understand our policies and procedures along with your rights as our client. We ask that you read this informational packet. Your signature is needed at the end of this packet to indicate your understanding and willingness to participate and abide by these policies. We want you to know that we are dedicated to giving you quality care. Please feel free to ask questions.

OFFICE HOURS: Because of the diversity of our clinical staff, our hours range from 8:00 a.m. to 7:00 p.m. Monday through Friday. The office staff is available from 8:30 a.m. to 7:00 p.m. Monday through Thursday and 8:30 a.m. to 4:30 p.m. on Friday with the exception of holidays. After normal business hours, you may leave a message on our voicemail. For an urgent matter after normal business hours, you may contact our answering service; they know how to contact your therapist.

FEE INFORMATION:

Nurse Practitioner

Psychiatric Evaluation - \$260
Medication Evaluation - \$120

Licensed Psychologists

Initial Assessment - \$220
Therapy Sessions - \$150/\$225
Family Therapy - \$160

Therapists

Initial Assessment - \$205
Therapy Sessions - \$130/\$195
Family Therapy - \$140

FEES NOT REIMBURSED BY INSURANCE COMPANIES

Late Cancellation/No Show Fees:	Nurse Practitioner	\$ 50.00
	Psychologist	\$ 70.00
	Therapist	\$ 60.00
Record Requests:		
Administrative Costs		\$ 26.00
Copying Fee per Page		\$ 0.50
Actual Cost of Postage		
Consultation or Other Services:		
Per hour		\$205.00
Court Preparation and/or Testimony:		
Per hour		\$205.00

24-HOUR CANCELLATION POLICY: When it is necessary to cancel an appointment, you are expected to do so 24-hours in advance, even if it means leaving a message on our after-hours voicemail. As a courtesy, Associates in Psychotherapy, LLC, attempts to make reminder calls regarding current appointments; however, there are times when this may not occur. Ultimately it is the client's responsibility to keep their appointments. If you cancel your appointment less than 24-hours in advance or fail to arrive for your appointment, you are subject to the late cancellation fees noted above. ***In addition, two late cancellations and/or no shows will result in all future appointments being cancelled.***

DISCHARGE POLICY: Reason(s) for discharge: Client completed services; Client referred out for services; Client discontinued treatment. Reason(s) for involuntary discharge: THREE No Shows and/or Late Cancellations in a calendar year; Non-compliance with treatment recommendations.

I HAVE READ AND I UNDERSTAND THE ABOVE NONREFUNDABLE FEES, CANCELLATION, and DISCHARGE POLICY:

_____ (Initial)

NOTE TO PARENT(S) OF MINOR CHILDREN: It is the clinic's policy to accept parent's signature on these forms as an agreement to be responsible for payment of minor children's services with this clinic. In separated or divorced families, the person who initiates services with us is held financially responsible. We do not bill another person or an estranged spouse unless that individual informs us in writing of his or her willingness to pay for services rendered. Should another party be willing to assume financial responsibility for our services, they may sign the Business Policy & Patient Agreement form.

Parent(s) must attend the initial session with the child. Children are not to be left in the waiting room unsupervised. If only temporary guardianship has been issued, the minor's biological parent must sign all the admitting paperwork and releases. No minor with a guardian will be treated until guardianship has been verified.

PRESCRIPTION REQUESTS: Follow instructions from prescriber.

INSURANCE AND BILLING INFORMATION: While our services may be covered by private insurance, the ultimate responsibility for payment of your account is yours. Not all insurance policies are the same, therefore, it is advisable that you contact your insurance carrier to determine your individual benefit package.

PATIENTS COVERED BY INSURANCE: Please pay your deductible or co-payment at the time of service.

PATIENTS NOT COVERED BY INSURANCE: Payment is to be made at the time of service.

I have read the above and I hereby agree to be directly responsible to Associates in Psychotherapy, LLC, for charges incurred and I acknowledge that I fully understand the above and will comply with these guidelines. Furthermore, I agree that I have received a copy of this packet to take home with me.

Patient or Responsible Party

Date

ASSOCIATES IN PSYCHOTHERAPY, LLC

4700 Dresser Drive, Suite 100
Janesville, WI 53546

**Business Policy and Patient Agreement
For Private Pay**

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FEE INFORMATION – PAYMENT AT TIME OF SERVICE

Nurse Practitioner

Psychiatric Evaluation - \$200
Medication Evaluation - \$75

Licensed Psychologists

Initial Assessment - \$198
Therapy Sessions - \$135
Family Therapy - \$144

Therapists

Initial Assessment - \$184.50
Therapy Sessions - \$117
Family Therapy - \$126

OTHER FEES

Late Cancellation/No Show Fees:

Nurse Practitioner \$ 50.00
Psychologist \$ 70.00
Therapist \$ 60.00

Record Requests:

Administrative Costs \$ 26.00
Copying Fee per Page \$ 0.50
Actual Cost of Postage

Consultation or Other Services:

Per hour \$205.00

Court Preparation and/or Testimony:

Per hour \$205.00

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NOTE TO PARENT(S) OF MINOR CHILDREN: It is the clinic's policy to accept parent's signature on these forms as an agreement to be responsible for payment of minor children's services with this clinic. In separated or divorced families, the person who initiates services with us is held financially responsible. We do not bill another person or an estranged spouse unless that individual informs us in writing of his or her willingness to pay for services rendered. Should another party be willing to assume financial responsibility for our services, they may sign the Business Policy & Patient Agreement form.

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Payment is to be made at the time of service.

I have read the above and I hereby agree to be directly responsible to Associates in Psychotherapy, LLC, for charges incurred and I acknowledge that I fully understand the above and will comply with these guidelines. Furthermore, I agree that I have received a copy of this packet to take home with me.

Patient or Responsible Party

Date



INSURANCE CONSENT FORM

- I authorize the use of this form on all my insurance submissions.
- I authorize release of information to all my insurance companies.
- I understand that I am responsible for my bill.
- I authorize my doctor/therapist to act as my agent in helping me obtain payment from my insurance companies.
- I assign insurance benefits and authorize my insurance company to make payments directly to my doctor/therapist.

Signature

Date

ASSOCIATES IN PSYCHOTHERAPY, LLC

www.AssociatesInPsychotherapy.com

4700 Dresser Drive, Suite 100

Janesville, Wisconsin 53546

Telephone: (608)752-7255

Fax: (608) 752-6942

SPECIAL CONTRACT FOR PARENTS

WHO ARE SEPARATED, PENDING SEPARATION, DIVORCED OR ENGAGED IN LITIGATION

Court Involvement

In order to protect the child’s confidentiality and the effectiveness of treatment, it must be agreed upon that the therapist will not be called as a witness in a court proceeding by either party. Each parent also agrees to instruct attorneys not to subpoena the child’s therapist or to refer in any court filing to anything said during the child’s therapy. Revealing information discussed between the child and the therapist can have potentially emotionally damaging effects on the child, the family, and the entire treatment process. If the therapist is subpoenaed in regard to custody or divorce disputes, they may not be able to continue as the child’s therapist.

This agreement may not prevent a judge from requiring the therapist’s testimony. If the therapist is mandated by the court to testify, parents must pay the retainer fee and all associated costs as outlined in our Business Policy and Patient Agreement. If required to testify, the therapist is ethically bound to not give an opinion about either parent’s custody or visitation arrangements.

Agreements

1. I understand that the therapeutic treatment of my child is intended solely to provide treatment to address my child’s psychological needs.
2. I understand that the treating therapist is not part of any legal proceedings unless court ordered. This also means the therapist does not write any report for either parent supporting his or her position in custody or changes in visitation.
3. I understand that I am obligated to pay all fees incurred if my child’s therapist is required to appear as a witness in a court proceeding.
4. I am waiving my rights to access my child’s treatment records except for normal summaries available to both parties.

I agree with the policies outlined in this document.

Signed: _____
Parent

Date: _____

Signed: _____
Parent

Date: _____

Signed: _____
Witness

Date: _____



**RECEIPT OF NOTICE OF PRIVACY PRACTICES
Federal Regulations**

Patient Name: _____

Date of Intake: _____

My signature on this form acknowledges that I have received a copy of Associates in Psychotherapy's Notice of Privacy Practices. I understand that this document provides an explanation of the ways in which my health information may be used or disclosed by Associates in Psychotherapy and of my rights with respect to my health information.

I have been provided with the opportunity to discuss any concerns I may have regarding the privacy of my health information.

Patient's Signature

Date

Signature of Patient's Representative
(If patient is unable to sign.)

Date

TO BE COMPLETED BY ADMITTING CLINICIAN IF FORM IS NOT SIGNED

1. Was the patient provided with a copy of the Notice of Privacy Practices?

Yes No

2. Briefly describe the efforts made to obtain the patient's acknowledgement of receipt of the Notice and explain why the patient was unable or unwilling to sign this form: _____

CLIENT RIGHTS and the GRIEVANCE PROCEDURE for COMMUNITY SERVICES

for Clients Receiving Services in Wisconsin for
Mental Illness, Alcohol or Other Drug Abuse

CLIENT RIGHTS

When you receive any type of service for mental illness, alcoholism, drug abuse, or a developmental disability, you have the following rights under Wisconsin Statute sec. 51.61(1) and HFS 94, Wisconsin Administrative Code:

PERSONAL RIGHTS

- You must be treated with dignity and respect, free from any verbal, physical, emotional, or sexual abuse.
- You have the right to have staff make fair and reasonable decisions about your treatment and care.
- You may not be treated unfairly because of your race, national origin, sex, age, religion, disability, or sexual orientation.
- You may not be filmed, taped, or photographed unless you agree to it.

TREATMENT AND RELATED RIGHTS

- You must be provided prompt and adequate treatment, rehabilitation, and educational services appropriate for you.
- You must be allowed to participate in the planning of your treatment and care.
- You must be informed of your treatment and care, including alternatives to and possible side effects of treatment, including medications.
- No treatment of medication may be given to you without your written informed consent, unless it is needed in an emergency to prevent serious physical harm to you or others, or a court orders it. (If you have a guardian, however, your guardian may consent to treatment and medications on your behalf).
- You may not be given unnecessary or excessive medication.
- You may not be subject to electroconvulsive therapy or any drastic treatment measures such as psychosurgery or experimental research without your written informed consent.
- You must be informed in writing of any costs of your care and treatment for which you or your relatives may have to pay.
- You must be treated in the least restrictive manner and setting necessary to achieve the purposes of admission to the program, within the limits of available funding.

RECORD PRIVACY AND ACCESS

Under Wisconsin Statute sec. 51.30 and HFS 92, Wisconsin Administrative Code:

- Your treatment information must be kept private (confidential), unless the law permits disclosure.
- Your records may not be released without your consent, unless the law specifically allows for it.
- You may ask to see your records. You must be shown any records about your physical health or medications. Staff may limit how much you may see of the rest of your treatment records while you are receiving services. You must be informed of the reasons for any such limits. You may challenge those reasons through the grievance process.
- After discharge, you may see your entire treatment records if you ask to do so.
- If you believe something in your records is wrong, you may challenge its accuracy. If staff will not change the part of your record you have challenged, you may file a grievance and/or put your own version in your record.
- A copy of sec. 51.30, Wis. Stats., and/or HFS 92, Wisconsin Administrative Code, is available upon request.

GRIEVANCE PROCEDURE AND RIGHT OF ACCESS TO COURTS

- Before treatment is begun, the services provider must inform you of your rights and how to use the grievance process. A copy of the Program's Grievance Procedure is available upon request.
- If you feel your rights have been violated, you may file a grievance.
- You may not be threatened or penalized in any way for presenting your concerns informally by talking with staff, or formally by filing a grievance.
- You may, instead of filing a grievance or at the end of the grievance process, or any time during it, choose to take the matter to court to sue for damages or other court relief, if you believe your rights have been violated.

GRIEVANCE RESOLUTION STAGES

Informal Grievance Process

- You are encouraged to talk with your therapist or the office staff about any concerns you have.
- If the matter is not resolved, you are encouraged to talk to the Clinic Director, Carol Ann Ward, MS, LPC, NCC.
- However, you do not have to do this before filing a formal grievance with your service provider.

Grievance Investigation-Formal Inquiry

- If you want to file a grievance, you should do so within 45 days of the time you become aware of the problem. The program manager for good cause may grant an extension beyond the 45-day limit.
- The program's Client Right Specialist (CRS) will investigate your grievance and attempt to resolve it.
- Unless the grievance is resolved informally, the CRS will write a report within 30 days from the date you filed the formal grievance. You will get a copy of the report.
- If you and the program manager agree with the CRS's report and recommendations, the recommendations shall be put into effect within an agreed upon time frame.
- You may file as many grievances as you want. However, the CRS will usually only work on one at a time. The CRS may ask you to rank them in order of importance.

Program Manager's Decision

- If the grievance is not resolved by the CRS's report, the program manager or designee shall prepare a written decision within 10 days of receipt of the CRS's report. You will be given a copy of the decision.

County Level Review

- If you are receiving services from a county agency, or a private agency and a county agency is paying for your services, you may appeal the program manager's decision to the County Agency Director. You must make this appeal within 14 days of the day you receive the program manager's decision. You may ask the program manager to forward your grievance or you may send it yourself.
- The County Agency Director must issue his or her written decision within 30 days after you request this appeal.

State Grievance Examiner

- If your grievance went through the county level of review and you are dissatisfied with the decision, you may appeal it to the State Grievance Examiner.
- If you are paying for your services from a private agency, you may appeal the program manager's decision directly to the State Grievance Examiner.
- You must appeal to the State Grievance Examiner within 14 days of receiving the decision from the previous appeal level. You may ask the program manager to forward your grievance to the State Grievance Examiner or you may send it yourself. The address is: State Grievance Examiner, DSL, P.O. Box 7851, Madison, WI 53707-7581.

Final State Review

- Any party has 14 days of receipt of the written decision of the State Grievance Examiner to request a final state review by the Administrator of the Division of Supportive Living or designee. Send your request to the DSL Administrator, P.O. Box 7851, Madison, WI 53707-7851.

You may talk with staff or contact your Client Rights Specialist, whose names are shown below, if you would like to file a grievance or learn more about the grievance procedure used by the program from which you are receiving services.

Your Client Right Specialists for Formal Grievances are:

Carol Ann Ward, MS, LPC, NCC, Clinic Director

Tracy Douglas, MS, LPC, NCC

Associates in Psychotherapy, LLC
4700 Dresser Drive, Ste. 100
Janesville, WI 53546

Ask Debbie Steffensen, Office Manager, for the grievance forms.

NOTE: There are additional rights within sec. 51.61(1) and HFS 94, Wisconsin Administrative Code. They are not mentioned here because they are more applicable to inpatient and residential treatment facilities. A copy of sec. 51.61 Wis. Stats. And/or HFS 94, Wisconsin Administrative Code is available upon request.

FEDERAL REGULATIONS

Privacy Practices

HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT OF 1996 HIPAA PRIVACY COMPLIANCE

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

USE AND DISCLOSURE OF HEALTH INFORMATION

Provider (Associates In Psychotherapy) may use your health information, that is, information that constitutes protected health information as defined in the Privacy Rule of the Administrative Simplification provisions of the Health Insurance Portability and Accountability Act of 1996, for purposes of providing you treatment, obtaining payment for your care, and conducting health care operations. Provider has established a policy to guard against unnecessary disclosure of your health information.

The following is a summary of the circumstances under which and purposes for which your health information may be used and disclosed:

To Provide Treatment. Provider may use your health information to provide care to you and disclose your health information to others who provide care to you. For example, physicians involved in your care will need information about your symptoms in order to prescribe appropriate medications. Provider also may disclose your health care information to individuals outside of Provider involved in your care, such as your Primary Care Physician or the on-call psychiatrist.

To Obtain Payment. Provider may include your health information in invoices to collect payment from third parties for the care you may receive from Provider. For example, Provider may be required by your health insurer to provide or obtain prior approval from your insurer and may need to explain to the insurer your need for health care and the services that will be provided to you.

To Conduct Health Care Operations. Provider may use and disclose health information for its own operations in order to facilitate the function of Provider and as necessary to provide quality care to all of Provider's patients. Health care operations include activities such as quality assessment and improvement activities include: protocol development, case management and care coordination; contacting health care providers and patients with information about treatment alternatives and other related functions that do not include treatment; professional review and performance evaluation; training programs including those in which students, trainees, or practitioners in health care learn under supervision; training of non-health care professionals; accreditation, certification, licensing, or credentialing activities; and review and auditing, including compliance reviews, medical reviews, legal services, and compliance programs.

For Appointment Reminders. Provider may use and disclose your health information to contact you as a reminder that you have an appointment for treatment or medical care with Provider.

When Legally Required. Provider will disclose your health information when it is required to do so by any Federal, State, or local law.

To Report Abuse, Neglect, or Domestic Violence. Provider is allowed to notify government authorities if Provider believes a patient is the victim of abuse, neglect, or domestic violence. Provider will make this disclosure only when specifically required or authorized by law or when the patient agrees to the disclosure.

To Conduct Health Oversight Activities. Provider may disclose your health information to a health oversight agency for activities including: audits, civil, administrative, or criminal investigations; inspections; licensure or disciplinary action. Provider, however, may not disclose your health information if you are the subject of an investigation and the investigation does not arise out of and is not directly related to your receipt of health care or public benefits.

In Connection with Judicial and Administrative Proceedings. As permitted or required by State law, Provider may disclose your health information in the course of any judicial or administrative proceeding in response to an order of a court or administrative tribunal as expressly authorized by such order or in response to a subpoena, discovery request or other protecting your health information.

For Law Enforcement Purposes. As permitted or required by State law, Provider may disclose your health information to a law enforcement official for certain law enforcement purposes, including, under certain limited circumstances, if you are a victim of a crime or in order to report a crime.

In the Event of a Serious Threat to Health or Safety. Provider may, consistent with applicable law and ethical standards of conduct, disclose your health information if Provider, in good faith, believes that such disclosure is necessary to prevent or lessen a serious and imminent threat to your health or safety or to the health and safety of the public.

For Specified Government Functions. In certain circumstances, the Federal regulations authorize Provider to use or disclose your health information to facilitate specified government functions relating to the military and veterans, national security and intelligence activities, protective services for the President and others, medical suitability determinations and inmates and law enforcement custody.

For Worker's Compensation. Provider may release your health information for worker's compensation or similar programs.

AUTHORIZATION TO USE OR DISCLOSE HEALTH INFORMATION

Other than what is stated above, Associates In Psychotherapy will not disclose your health information other than with your written authorization. If you or your representative authorizes Provider to use or disclose your health information, you may revoke that authorization in writing at any time.

YOUR RIGHTS WITH RESPECT TO YOUR HEALTH INFORMATION

You have the following rights regarding your health information that Provider maintains:

Right to Request Restrictions. You may request restrictions on certain uses and disclosures of your health information. You have the right to request a limit on Provider's disclosure of your health information to someone who is involved in your care or the payment of your care. However, Provider is not required to agree to your request. If you wish to make a request for restrictions, please contact: Debbie Steffensen, Office Manager, at 608-752-7255.

Right to Receive Confidential Communications. You have the right to request that Provider communicate with you in a certain way. For example, you may ask that Provider only conduct communications pertaining to your health information with you privately with no other family members present. If you wish to receive confidential communications, please contact: Debbie Steffensen, Office Manager, at 608-752-7255. Provider will not request that you provide any reasons for your request and will attempt to honor your reasonable requests for confidential communications.

Right to Inspect and Copy your Health Information. You have the right to inspect and copy your health information, including billing records. A request to inspect and copy records containing your health information may be made to Debbie Steffensen, Office Manager, at 608-752-7255. If you request a copy of your health information, Provider may charge a reasonable fee for copying and assembling costs associated with your request.

Right to Amend your Health Information. You or your representative have the right to request that Provider amend your records, if you believe your health information records are incorrect or incomplete. That request may be made as long as the information is maintained by Provider. A request for an amendment of records must be made in writing to Debbie Steffensen, Office Manager, c/o Associates In Psychotherapy, 4700 Dresser Dr., Ste. 100, Janesville, WI 53546. Provider may deny the request if it is not in writing or does not include a reason for the amendment. The request also may be denied if your health information records were not created by Provider, if the records you are requesting are not part of Provider's records, if the health information you wish to amend is not part of the health information you or your representative are permitted to inspect and copy, or if, in the opinion of Provider, the records containing your health information are accurate and complete.

Right to an Accounting. You or your representative have the right to request an accounting of disclosures of your health information made by Provider for certain purposes, which may include disclosures authorized by law. The request for an accounting must be made in writing to Debbie Steffensen, Office Manager, c/o Associates In Psychotherapy, 4700 Dresser Dr., Ste. 100, Janesville, WI 53546. The request should specify the time period for the accounting starting on April 14, 2003. Accounting requests may not be made for periods of time in excess of six (6) years. Provider will provide the first accounting you request during any 12-month period without charge. Subsequent accounting requests may be subject to a reasonable cost-based fee.

Right to a Paper Copy of this Notice. You or your representative have a right to a separate paper copy of this Notice at any time even if you or your representative have received this Notice previously. To obtain a separate paper copy, please contact Debbie Steffensen, Office Manager, at 608-752-7255.

DUTIES OF ASSOCIATES IN PSYCHOTHERAPY

Provider is required by law to maintain the privacy of your health information and to provide you and your representative this Notice of its duties and privacy practices. Provider is required to abide by the terms of this Notice as may be amended from time to time. Provider reserves the right to change the terms of its Notice and to make the new Notice provisions effective for all health information that it maintains. If Provider makes a material change to this Notice, Provider will provide a copy of the revised Notice to you or your appointed representative. You or your representative have the right to express complaints to Provider and to the Secretary of Health and Human Services, if you or your representative believe that your privacy rights have been violated. Provider encourages you to express any concerns you may have regarding the privacy of your information. You will not be retaliated against in any way for filing a complaint.

CONTACT PERSON

Provider has designated Debbie Steffensen, Office Manager, as its contact person for all issues regarding patient privacy and your rights under the Federal privacy standards. If you have any questions regarding this Notice, you may contact this person at Associates In Psychotherapy, 4700 Dresser Dr., Ste. 100, Janesville, WI 53546, at 608-752-7255.

EFFECTIVE DATE

This Notice is effective January 1, 2003.

Electronic Communication Policy

The following policy is designed to maintain clarity regarding the use of electronic modes of communication during treatment at Associates in Psychotherapy, LLC. While various types of electronic communications are common and preferred, these modes of communication can put your privacy at risk and can be inconsistent with the law and standards of the mental health profession. Consequently, this policy has been prepared to assure the security and confidentiality of your treatment and to assure that it is consistent with ethics and the law.

If you have any questions about this policy, please feel free to discuss this with our office staff or your therapist.

Email and Client Portal Communications

Email communication and/or text messaging are used only with your permission and only for administrative purposes unless other agreements have been made. That means that email exchanges and text messages with the office should be limited to things like setting and changing appointments, billing matters, and other related issues. Please do not email about clinical matters because email may not be the most secure method of communication. If you need to discuss a clinical matter, please feel free to call your therapist to discuss it on the phone or wait to discuss it during your next therapy session. The telephone or face-to-face context simply is much more secure as a mode of communication.

Text Messaging

Because text messaging is a very insecure and impersonal mode of communication, in general, therapists do not text. Please do not text message your therapist unless other arrangements have been made.

Social Media

We do not communicate with, or contact, any clients through social media platforms like Twitter and Facebook. In addition, any online relationships that may have been accidentally established will be cancelled as these types of casual social contacts can create significant security risks for you.

Some providers participate on various social networks, but not in professional capacities. If you have an online presence, there is the possibility that you may encounter your therapist by accident. If that occurs, please discuss it during your session. Any communications with clients online have a high potential to compromise the professional relationship. In addition, please do not try to contact your therapist in this way. There will be no response and any online contact will be terminated no matter how accidental.